Exhibit 1

Yes I do understand that for you and I know it's hard

I guess anybody can just do or say whatever the heck they want to and make it look like I sent it. Dang. What the heck

> You did not send anything but the text

No you k ow it's not just hard. Hard is waking up three times a night dying to go use and dont. This is something totally different. But I'm really struggling because I said that I would toss everything else. And I'm not sure I can. I can stomp all but just one ito the dirt. Once it's gone it's gone. No more. Damn I want to freaking die. I know once I'm





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Aaron >

Storrip all but just one ito the dirt. Once it's gone it's gone. No more. Damn I want to freaking die. I know once I'm sober I can stay sober because I've done it. But my addiction drives me to drive all night, be begging all night. Lie cheat steal you know what it's done InMy life or to all of our lives. Can I please catch a break ?? ???? Damn in a way I feel I'm letting you down already but in another I feel I'm not only honest but in an impossible position!! !!??

Ok. I get it. Your not going to reply.

You want me to decide
What am I deciding?? To be
there for my kids from now on.
Not to make them





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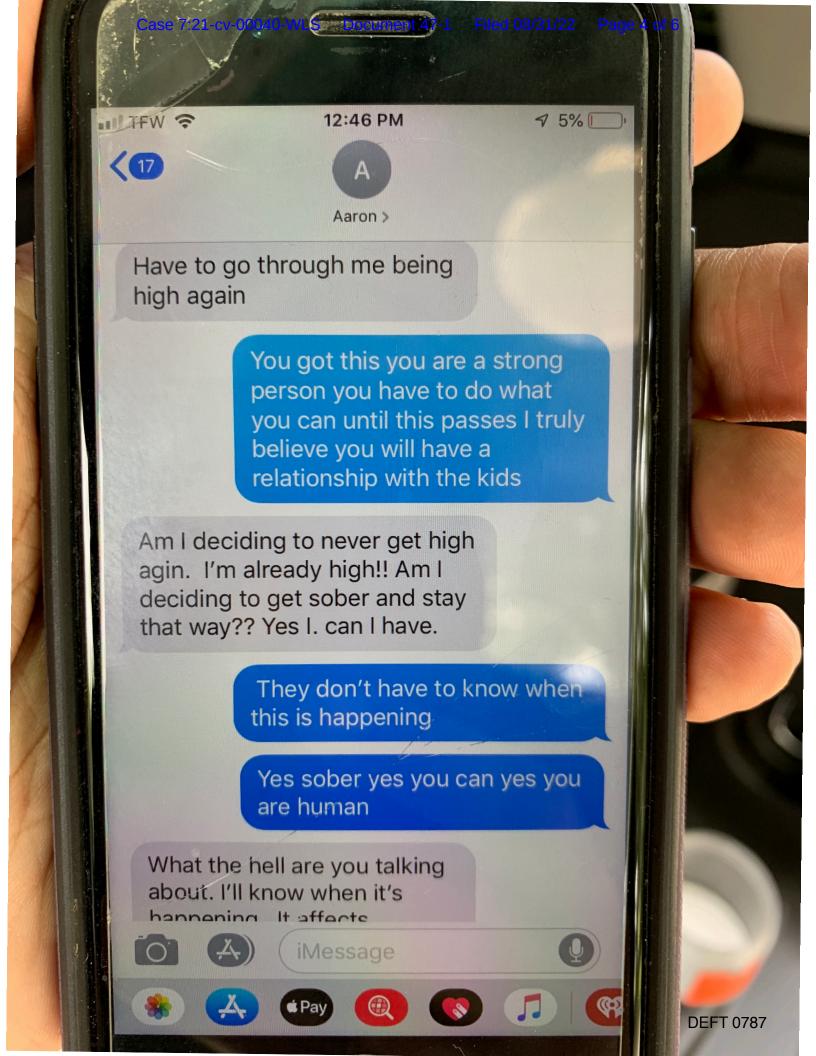


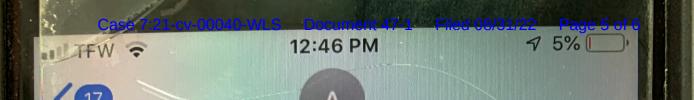












Aaron >

What the hell are you talking about. I'll know when it's happening. It affects everything I do can do will do want to do plan to do and all that in some form or fashion involves them

> What you talking about I can't keep up

> > Not a fast texted

You said the kids don't have to know if I get high. I m not even going to approach this with that kind of mentality. That gives an addict mind like mine a grey area.

Oh got ya

Why are you up at 130 in the





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